



“The Ascension of Jesus into Heaven”...

FROM THE ACTS OF THE APOSTLES:

“While [the apostles] were looking intently at the sky as he was going, suddenly two men dressed in white garments stood beside them. They said, ‘Men of Galilee, why are you standing there looking at the sky? This Jesus who was taken up from you into heaven will return in the same way as you have seen him going into heaven.’” (Acts 1:10-11)¹

MEDITATION ON THE MYSTERY:

Let us walk towards the heights of the things that never pass away, waiting for the Lord who – sooner or later – will come unexpectedly, revealing himself (cf. Luke 17:21, 30) in the great Glory of His Church! (cf. Matt 24:30; Eph 5:27). If we want to ascend towards Heaven, let us keep watch often and pray at every moment, because we know neither the hour nor the great Day in which he will be revealed! (cf. SLC, p. 39)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to how the Lord can reveal Himself in our lives, the Bishop St. Augustine says: *“Even before [the Second Coming], there is a Coming which has already happened, through His preachers. This Coming has filled the whole earth.”*
(AGOSTINO D’IPPONA, in *Uff. d. lett.*, Domenica, XXXIII sett. T.O. [unpublished translation by pfsgm])

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

